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VOL. XLVIII

Issue No.08

Date: 19. 08. 2025



Special Welcome to Today's Honorable Chief Guest

**Major Donor
Rtn. M. RANGANATH BHAT**

PDG Dist. 3181

He is a mechanical engineer from NITK Surathkal. Presently he is into Tyre retailing and Allied Services in the name of 'Rohit Auto care'. Ranga, as

he is popularly known, was the President of the Interact Club of Canara High School Main during 1973 - 74.

He joined Rotary in 1989 and became President of the Rotary Club of Mangalore North during 1997-98 and became Assistant Governor during 2000-01. He served in various capacities in Rotary at Club and District levels. He was the Governor of RI District 3181 during 2020-21. He is the recipient of the prestigious " Service above Self " award of the Rotary International. He is DRFC of District 3181 since 2024-25.

Ranganath Bhat was the Honorary Secretary of the Canara High School Association, a 129 year old organisation which owns and manages 14 Educational Institutions from Kindergarten to Engineering Institutions and has over 11000 students. Philanthropy is his second nature. Ranganath Bhat is happily married to Rtn. Rajani. Rajni was president of the Inner Wheel Club of Mangalore North. She is an Artist and Painter. They are blessed with two children, son Rohit who after a 7 year stint with L&T Ltd. joined his father's business and is married to Deepthi who are blessed with a son Vihaan. Ranga's daughter Rohini is Studying in PUC. Widely travelled, Ranganath Bhat is an Avid photographer & rides the bicycle to keep himself fit.

PROGRAMME 19.8.2025 AT 07.00 PM

Chief Guest: MD RTN. M. RANGANATH BHAT

Topic : Sustaining vibrant Club Culture

Ann & Annets invited

Dinner Meeting

Next meeting 26.08. 2025 AT 10.00 A.M.

**Handing over Ceremony of GYNEC ONCO
Surgical Instruments to Lady Goschen
Government Hospital, Mangalore**

**Weekly Meeting at 7.30pm cancelled
Ann & Annets Invited**

Proceedings of the Rotary Club Weekly Meeting - August 12, 2025

Theme: Humour in Life

Welcome: Club President Rtn. Dr. M.S. Arun Kumar Shetty warmly welcomed the chief guest, fellow Rotarians, Anns, Annets, guests, and invitees.

Presentation Summary: The chief guest, Mr. Cholpadi Devadas Kamath, former Managing Director of TATA Refractories, delivered an engaging and insightful talk on the theme "Humour in Life." He highlighted how a sense of humour enhances mental and physical health, boosts attractiveness, and strengthens leadership skills. Quoting Mark Twain, he emphasized: "Humour is the great thing, the saving thing after all. The minute it crops up, all our hardinesses yield, all our irritations and resentments flit away, and a sunny spirit takes their place."

Key points from his talk included:

* Theories of Humour:

- Relief Theory : Humour helps release psychological tension.
- Superiority Theory: Originating from Plato and Aristotle, it suggests humour stems from feeling superior.
- Incongruity Theory : Humour arises when contrasting ideas are unexpectedly combined.

* Benefits of Humour:

- Enhances overall well-being and guards against depression.
- Boosts energy, brain function, immunity, and mood.
- Promotes better decision-making and leadership.
- Encouraged in family interactions and daily life.



He also noted that institutions like Stanford now offer business courses on humour, recognizing its value in the workplace. Practicing humour regularly is like exercising a muscle-it strengthens over time. Visualizing funny moments can serve as a form of meditation, helping us recover from discomfort and build resilience.

Announcements by the President:

- Installation of office bearers of the Interact Club at St. Lawrence English Medium School and Vana-mahotsava held on August 6, 2025.
- RAHLA will be conducted on Sept. 14, 2025, at Rotary Balbhavan. Registration fee: Rs. 899.
- Rotary Club of Baikampady will host the "Padanalike" cultural competition on September 6 and 7, 2025, at Lion's Seva Mandir and Tulu Bhavan, Urva.
- "VITATI" District Seminar on Membership Development, Club Extension & Public Image will be held by Rotary Club Sullia on August 30, 2025. Registration fee: Rs. 900.
- Pulse Polio contribution of Rs. 435 to be paid on or before August 15, 2025.
- Independence Day celebration will be held on August 15, 2025, at Rotary Balbhavan.
- Rtn. Shambhavi Prabhu, Club Secretary, read out the minutes passed during the board meeting held on July 28, 2025.

Recognitions: Rtn. TG Shenoy and Ann Sumathi Shenoy were honored during the 'Atida Onji Dina' event organized by Mangala Advanced Technologies and OJHAS Trust.

Acknowledgements:

- Invocation: Ann Shubha Kini
- Guest Introduction: Rtn. Subraya Prabhu
- Dinner Hosts: Rtn. Shambhavi Prabhu & Rtn. Subraya Prabhu

Closing: The meeting concluded with a vote of thanks by Rtn. Lohidas R, followed by the national anthem and dinner.

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Understanding Prospective and New Members: Member Interest Survey

One of the key reasons members leave Rotary is unmet expectations. That's why it's essential to get to know new and potential members early. By learning about their backgrounds, interests, and aspirations, clubs can better assess how to meet their needs and engage them meaningfully. This approach not only enhances their experience but may also uncover opportunities for them to contribute to the club's growth. Conducting a member interest survey helps identify barriers to participation and reveals ways to make the club more inclusive and adaptable.



✳ **Benefits of Conducting the Survey** - Regularly using and acting on this survey can:

- Foster a welcoming environment for new and prospective members
- Boost member engagement and satisfaction
- Strengthen member retention
- Maximize the value of members' unique talents and expertise

✳ **Getting Started** - Form a dedicated team-such as your membership committee or a newly created interest group-focused on integrating new members and familiarizing them with your club's culture. Decide how the survey will be used:

- Share it with interested guests
- Include it in membership applications
- Use it during orientation
- Base informal conversations on its content

Also, choose your preferred format-printed copies, email, or digital survey platforms.

Exploring "My Rotary" and Membership Expansion

"My Rotary" is a comprehensive online platform designed to enrich the Rotary experience. It offers tools, resources, and networking opportunities that support members in their service journey.

✳ **Features of "My Rotary"**

- Centralized access to learning modules, service tools, and resources
- Facilitates local and global collaboration for projects and discussions
- Supports Rotary's mission of "Service Above Self"

✳ **Membership and Growth Strategies**

- **Attracting New Members:** Clubs are encouraged to identify potential members and showcase the benefits of joining.
- **Retention:** Prioritize member engagement and incorporate the perspectives of younger Rotarians.
- **Forming New Clubs:** Rotary may expand by establishing new clubs in areas with interest or need.
- **Resignations:** Members wishing to resign must submit a formal letter to club leadership.
- **Honorary Membership:** Individuals who exemplify Rotary's values may be honored with membership across multiple clubs.
- **Rotaractor Transition:** Eligible Rotaractors can join Rotary clubs while maintaining their Rotaract affiliation.



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Independence day Celebration at Rotary Balbhavan on August 15, 2025



Rtn. Dr Shivaprasad K Inaugurated the Blood donation Camp organised by Rotary Mangalore East in association with BNI Inspire and KMC Hospital Mangalore on 14th August 2025 at Ocean Pearl Hotel.



Rtn. Dr. Shivaprasad K was the chief guest at Rotary Club Mangalore Midtown on August 11, 2025 on the topic of 'Publicity in Rotary'.



Rtn. Raghavan as a guest in the Meditation Program at Vivekananda RCC, Ramakrishna Tapovana, Polali

Birthday Wishes



Rtn K. Krishna Shetty
15th August



Rtn. T. G. Shenoy and Ann. Sumathi G. Shenoy were honored on the occasion of the 'ATIDA ONJI DINA' celebration jointly organized by Palemar Garden, Mangalore; Mangala Advanced Technologies; and OJHAS Trust at Palemar Garden on 10th August 2025.



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